SKETCH CONCEPT DESIGN PRESENTATION FOR

A MASTERPLAN OF 14 ACRES

FOR

NIRMAYEE NATUROPATHY RETREAT AT

HADASHI NEAR, PUNE

9th October, 2017
PROJECT BACKGROUND:

ABOUT NIRMAYEE NATURE CURE HEALTH RESORT:

CONCEPT:
Naturopathy at Nirmayee involves various treatments of nature cure like hip bath, spinal bath, 14 jet under water bath, immersion bath, sidz bath, solar pyramid tray, arm and foot bath, aroma therapy, cold compression, hot compression, various massages including vibro massage and ice massage with steam & sauna, circular jet spray, ultra sound, wax bath, full body mud bath, various mud packs, specific yoga asanas for specific ailments, acupressure, acupuncture, hot spine therapies, waterfall therapy, colon hydrotherapy, etc. No medicine is used in these therapies. Additionally, facilities like gymnasium and laboratory will form a part of the project.

NEED:
‘Health is a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity.’ - World Health Organization.
Many people do not realize the importance of good health, and even if they do, they may still disregard it. Whether we work at home or in an office, we need good health in order to perform our duties well. When people talk about health, they usually refer to the condition of the body. However, health does not merely mean being free from physical pain or the symptoms of disease. The mind is of crucial consideration in the overall assessment of well-being.
Ancient sciences have emphasized the importance of a balanced life, taking into consideration not only the body, but also the mind and the soul. Indeed, the wisdom of science is profound and enduring, as it heals the body, mind and soul. It gives knowledge of diet, hygiene attitudes and lifestyles that induce total/holistic health.
OPPORTUNITY:
Nature Cure Health Resorts and Spas are a rapidly growing sector of the tourism industry where there has been new interest in "new age" remedies and traditional remedial therapies. Consumer demand is driving the growth, people are searching for an escape from work related stress, and they are realizing the long-term benefits of taking care of themselves. India is very much in demand for Naturopathy Health Resorts, in the Foreign Countries.

Even big corporate houses, multinational companies and expatriate firms sponsor nature cure health resort treatments to their managers and employees as a part of social responsibility. Nowadays, there are many successful nature cure health resorts operating successfully and having a waiting period of over 6 months with fat packages ranging from Rs.8000 per person per day to Rs.55000 per person per day.

While creating the nature cure health resort it would be our sincere endeavor to have a setting that is Biophilic in its intent, such that the design environment and the day to day operations of the resort, have a holistic healing effect on guest.
The proposed site is located at a distance of 5.6 Km from Kolvan, which is at a distance of 44 Km from Pune.

View of the Hadashi Lake from the site.
SITE VIEWS AND VISTAS
WALKING TOWARDS THE BREATH - TAKING SITE
BUILT IN SETTINGS FOR MEDITATION AND SOLITUDE
PANAROMIC VIEW WHILE IN THE LAP OF NATURE
OPTIONS DEVELOPED

- **OPTION 1**
  Option-1 & 2: Use the site **horizontally in the maximum developable land**

- **OPTION 2**
  Option-2: Uses the site **vertically**

- **OPTION 3**
Our sincere effort has been to **save every single tree** and in doing so we have very carefully articulated the **landscape and built mass synergy.**

- **Residential Phase I units**
- **Future Expansion**
- **Business Centre**
- **Kitchen+ Dining +Juice Bar**
- **Yoga Hall**
- **Male/Female Treatment units with consulting rooms.**
- **Sewage Treatment Plant**
- **Feeder Pillar**
- **Elevated Service Reservoir**
- **Golf cart parking bay**

Built up area=38,015 sq.ft
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FINAL RENDERED PLAN
VISUAL GALLERY OF DIFFERENT SECTORS
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Covered pathways that have covered bamboo canopies to create a secure flowing connecting spine.

Pathways that are covered for secure movement.
Secure and Shaded Green Pathways can be a sensitive visual connection.
The main spine connecting upwards.
The main spine *with protection from Rain.*
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Residing in the lap of nature is a great mood changer and can simulate your hidden senses.
We want **Built mass and landscape to co-exist in Synergy**.
Dwelling with Nature can be rejuvenating.
3D REPRESENTATIONAL IMAGERY-View of the valley from residential units:

Panoramic View from the Residential Deck.
Framing views of nature's abundance and its magnificence from the residential units.
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IDEA SKETCHES—Connecting Courtyards in Treatment zones and Detail of tents:

Detail of a treatment unit

View of the tents and the connecting flowing courtyards

Vanishing into the woods.
UNIT PLAN OF TREATMENT ROOMS:

TRANSVERSE SECTION

PLAN OF TREATMENT ROOMS

ROOF PLAN OF TREATMENT ROOMS
The landscape giving a flowing effect and vanishing into the woods.
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Allowing nature to grow through built mass.
Using Landscape as a foreground.

The N.G.K. Studio
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Meditating in Caves is a very profound spiritual experience as there is silence and solitude. Spiritual currents in caves are elevating and meditation can be uninterrupted.

Caves that are crafted from the hill.
Caves to Practice Meditation in Solitude.
Caves to Practice Meditation of Silence.
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The Dinning space could be like a open pavilion that gets in cross Ventilation and natural light. Further the same can be articulated by natural Wood furniture.
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We see the Yoga hall as a Delicate pavilion floating on the Aqua-scape.
The form of the Yoga hall should inspire the practice of Yoga.
The Yoga Pavilion space should have inbuilt spatial qualities to heal.
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The Swimming pool could have an Infinity Edge that gives a spectacular view of the valley.
Swimming Pool with **an Infinite view**.
The Infinite Edge Detail is extremely **Safe** on the other side.
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3D REPRESENTATIONAL REFERENCE IMAGERY - MEDITATION SPOTS.

Meditation Tree that creates a setting to feel natures music.
Tree house to look into Nature.
Deck in the woods to feel nature.
Meandering pathways laced with **Scented flowers can give direction.**
Meditation and Yoga Pavilion Floating in Water can be a profound experience.
OUR GREEN AGENDA FOR THE PROJECT:

- All the trees on site have been retained and no tree is cut.
- Minimal erosion of topography by building parallel to the contours to reduce cut and fill.
- Provision of check dams for harvesting water.
- Verandahs to the east and the west to provide thermal comfort to inner walls.
- Use of battery operated golf carts to ensure zero pollution.
OUR GREEN AGENDA FOR THE PROJECT:

• Use of regional plants **to optimize water consumption.**

• Use of solar panels for **landscape lighting, water heating and general use lighting.**

• Effort would be to use materials and finishes for interior spaces and landscape **that have minimal embodied energy.**

• Landscape to have an Eco-system effect that helps **flora and fauna flourish in synergy.**

The project should encourage **Birds, Bees and Butterflies, which are getting extinct in our Urban Cities.**
The project is like the tree of life, let it heal you.

THANK YOU!